



CPSY TIMES

EDITOR: ERIN DAVIS

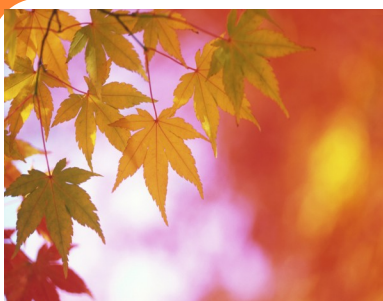
FALL 2009

SPECIAL POINTS OF INTEREST:

- Recent publications and presentations (p. 15-16)
- Important information for graduating students (p. 17)
- Upcoming conferences and workshops (p. 18)
- Job opportunities (p. 13)

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Notes from the Chair

Fall 2009

Happy Autumn! As I write this note the air is crisp and breezy, and the walk to work demanded a jacket. No more pretending it is summer; it is fall and we are well into the academic year.

This fall brings a year of celebrations, as you will see throughout the rest of the newsletter. Along with the usual celebrations of marriages, babies, and new jobs, we celebrate the following achievements: We welcome our newest faculty member, Dr. Yui-Chung "Jacob" Chan. He is the latest in our line of excellent graduates from the University of Wisconsin-Madison. His background compliments that of the rehabilitation counseling program director, Dr. Kim; together they make our program even stronger!

We also celebrate our newest APA Fellow, Dr. Paul Spengler. The road to becoming a Fellow is long and uncertain, and it is quite gratifying to have your work recognized by your peers.

In the coming months we will be honoring one of the 2009 Teachers College Alumni of the Year, our own Dr. Rex Stockton. Rex, a 1968 graduate of the doctoral program in counseling psychology, is currently a member of the faculty at Indiana University in Bloomington. We look forward to presenting his award to him in spring 2010. Be on the lookout for more information. [As a side note, the other award recipient this year was Dr. Roy Weaver, BSU alumnus and longtime Dean of Teachers College. Dr. Weaver stepped down as Dean in June 2009. He was a longtime friend to CPSY, and we wish him all the best in his new path as a faculty member.]

One other celebration of note – I received the BSU 2008-09 Outstanding Faculty Service Award. You will read more about this award elsewhere in this issue, but I was surprised by my colleagues with this nomination and humbled by this recognition of my work. Sometimes we get so busy with DOING what we do that we don't realize that others are actually NOTICING!

In other news: Indiana's legislature recently passed a statute that will change the method of earning clinical hours toward Indiana's Health Service Provider in Psychology (HSPP) designation. The HSPP designation is required above and beyond the psychologist license for those intending independent (unsupervised) clinical practice. Indiana is among the early states moving to adopt more flexible rules, which may allow future graduates to count hours they have earned pre-doctoral degree towards their HSPP licensure. The Psychology Board, which I currently chair, is working on the rules that will operationalize the statute, but we are likely a year away from implementation. I suggest you keep an eye on the rules of the state in which you live, or where you hope to live, in case these changes will affect you.

Wishing you all the best as we finish out the rest of 2009.

– Dr. Sharon Bowman

New CPSY Book Publications!

Dr. Charlene Alexander, along with Joseph Ponterotto, J. Manuel Casas and Lisa Suzuki, has recently finished the third edition of the *Handbook of Multicultural Counseling* (SAGE Publications). Past editions have been praised as ‘one of the best in the field’ (Leo Wilton-SUNY Binghamton). The third edition includes 53 brand new chapters covering state-of-the-art advances in theory, ethics, research, measurement, and clinical practice and assessment in multicultural counseling and therapy.

Dr. Larry Gerstein and Dr. Stefania Ægisdottir, along with Puncky Heppner, Seung-Ming Alvin Leung, and Kathryn L. Norsworthy just published an edited volume entitled, *International Handbook of Cross-Cultural Counseling: Cultural Assumptions and Practices Worldwide* (SAGE Publications). Over 100 individuals representing 30 countries contributed to this book. Topics include the history of counseling, cultural and religious values that have shaped attitudes toward counseling, types of clients and presenting problems, indigenous models of counseling, professional issues and challenges, research findings, the influence of U.S. models, and implications for the future.



Dr. Sharon Bowman: 2008-2009 Outstanding Faculty Service Award

This year, Ball State University recognized Dr. Bowman with the Outstanding Faculty Service Award. Dr. Bowman received this award due to her “stellar record of professional service in many different capacities at the department, university, state, and national organizational levels.” Her past awards and achievements include:

- 1994 Outstanding Junior Faculty Award
- CPSY department chair (a position held since 1996)
- Vice-chair for two terms and Chair for one term of the Indiana State Psychology Board
- Chair of the Emergency Response Committee of the American Red Cross
- Reviewer and editorial board member for several major journals in psychology
- Member of several committees of the APA, Division 17
- 2007—Fellow of the American Psychological Association, Division 17
- 2008—Gordon A. Barrows Distinguished Psychologist Award, Indiana Psychological Association
- 2008-2009 BSU Outstanding Faculty Service Award

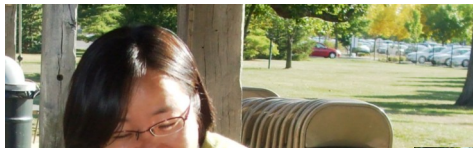


Dr. Bowman and her students also provided relief services to the survivors of Hurricanes Katrina and Rita on the Gulf Coast.

We are thrilled that Dr. Bowman has been honored specifically for the many ways she has helped others throughout her career. Dr. Bowman is not only committed to training the next generation of professionals, but she is modeling to them the importance of service as a career path and also as a personal motivation. Congratulations, Dr. Bowman!

CPSY Departmental Picnic

Students and faculty gathered in early September for the CPSY annual picnic. It was a beautiful day, and the watermelon was delicious!



ABOVE: Doctoral students enjoy food and engaging discussion.

LEFT: Faculty and students mingle over lunch.



ABOVE: Tae Sun and Thomas chatting.

RIGHT: MA students are all smiles as they relax and eat. Laura Walker's dog, 'The Bunting,' was included in the fun!

BELOW: Drs. Bowman, Perrone, and Gerstein pose for a quick photo.



ABOVE: The children at the picnic make a pyramid!

LEFT: Jill Sullivan attempts a completed pass during the impromptu football game.



A New Fellow! Dr. Paul Spengler, APA, Division 17



As seen in the Muncie Star Press this fall:

Monday, September 14, 2009

www.thestarpress.com

FRIENDS & NEIGHBORS

PAUL SPENGLER recently was named a Fellow of the American Psychological Association in recognition of his outstanding contribution to the field. The honor is given to a very small percentage of the association's 150,000 members. A psychologist in private practice in Muncie, Spengler is an Associate Professor of counseling psychology at Ball State University.

Congratulations, Dr. Spengler!

Our crew at the 2009 APA Annual Convention (Toronto, Canada)



Participants in the convention, from left to right: (front row) Theresa Davenport, Deborah Miller, Kathleen Niegocki, Dr. Kristin Perrone, Mona Ghosheh, Yueh-Ching Hsu, Erica Hurley (back row) Gunnar Ingolfsson, Bjorg Hermannsdottir, Dr. Don Nicholas, Dr. Larry Gerstein, Stephen Wright, Dustin Shepler, Dr. Scott Moeschberger.

Congratulations! Scholarship Award Winners in the CPSY Dept. . .



Dustin Shepler was awarded the 2009 Merrell Thomas Marshall Scholarship from the Dept. of Institutional Diversity. The Marshall Scholarship recognizes students who are committed to diversity-related work in their communities, on campus,

and in society at large. Dustin's essay can be read online at www.bsu.edu/diversity/.

Congratulations, Dustin!

Jenelle Boo received the Bernadette Perham Scholarship! This is a scholarship to acknowledge leadership and academic excellence for women across all disciplines. She is very deserving, and we are very proud of her! The Bernadette Perham Scholarship is dedicated to the memory of Bernadette H. Perham, a Ball State mathematical sciences professor for 16 years and a pioneer in breaking down the barriers to achievement for women and girls in all disciplines. Way to go, Jenelle!



Graduation Photo

In July, several students successfully completed their doctoral work and were hooded during the ceremony. We would like to congratulate Stephen and Dorothy Wright, Vance Jackson, and Shana Markle on their many accomplishments. Best wishes, grads!



Pictured, from left to right: Dr. Michael White, Dr. Stephen Wright, Dr. Dorothy Wright, Dr. Theresa Kruczek, Dr. Kristin Perrone, Dr. Don Nicholas, Dr. Vance Jackson, Dr. Larry Gerstein, Dr. Sharon Bowman, Dr. Shana Markle and Dr. David Dixon, faculty emeritus.

New CPSY Faculty: Interview with Dr. Chan

What is your home country?

Hong Kong...it's not a country, it was a British colony and now it's part of China, but we have our own legal system, financial system, law enforcement agencies, currency, official language, and even our own passport.



What brings you to our department and to Ball State University?

A job advertisement. There was a vacancy for a faculty member in the rehabilitation program and I applied for the job. I got the position and took it!

What is your educational background?

I got all of my degrees from University of Wisconsin – Madison. My undergraduate degree was in psychology, my master's in rehabilitation counseling, and my Ph.D. in rehabilitation psychology.

Why did you select the field of rehabilitation?

Well, I did not know what rehabilitation was until a random person told me about the rehabilitation master's program in UW-Madison. I wanted to be in a field where I could be trained to help others. Since I could help others by earning a degree in rehabilitation, I thought it was worth a try. I did not know what I was getting into, but so far it has been an interesting journey.

What are your research and teaching interests?

My research interests include the study of positive psychological constructs, such as hope, self-efficacy, optimism, quality of life, and well being. I'm interested in community participation. I'm also interested in assessment and neuropsychological testing. In terms of research population, I am interested in serving people with disabilities (since I'm in the rehabilitation field), but I'm open to studying people without disabilities.

My teaching interests include rehabilitation courses (I guess that's the reason I got hired), supervision, assessment, and dissertation/thesis supervision.

Are you involved in any professional organizations?

I'm a member of the American Psychological Association, the National Council on Rehabilitation Education, and the National Rehabilitation Association.

Do you have any special skills, talents or hobbies?

I'm not sure if I have any special skills or talents. I like to listen to music, I like to play sports, and I love to watch many kinds of sport events/competitions.

"My research interests include the study of positive psychological constructs, such as hope, self-efficacy, optimism, quality of life, and well being."



Who are your heroes?

Should I name a psychologist? Or should I say it's my mom? Well, she is definitely on the list, as well as my mentors at UW-Madison, because they allowed me to learn the fields of rehabilitation and psychology.

Do you have family nearby?

My sister is here at BSU studying for her master's degree in business. Other family and friends are all in different parts of the U.S. and the world.



Student Interviews

Manisha Rustagi (M.A., Social Psychology and Counseling)

Where is your home?

My home is in New Delhi, which also happens to be the capital of India. I was born and brought up in New Delhi itself.

Where did you go for your bachelor's degree?

I did both my bachelor's in science and bachelor's in education from the University of Delhi.

Why did you select this field of study?

During my teacher training, I used to share the room with the school counselor. I used to watch her interact with kids, parents. And somehow I decided this is what I want to do.

What do you think of your experiences at Ball State so far?

I have had a wonderful experience at Ball State so far and hope it continues.



What have you liked about the program?

I just love the interactive sessions we have in the class. The various activities we do during our lectures. And love the fact that the professors are very much approachable. You can always go to them and seek guidance and help. They always seem to have time for you.

What are your future plans and career goals?

I would want to work as a school counselor and would want to reach out to as many people as possible.



What are some of your favorite interests, talents, activities or hobbies?

I love to do painting, write poems, read books. I like listening to music, watching cricket.

Which country in the world would you most like to visit?

Well, I would want to visit all the countries in the world. It's just that, it's too difficult for me to pick and chose one.

What is your favorite book and/or movie?

I liked the movies *300* and *P.S. I Love You*. My favorite book is *Brida* by Paulo Cohelo.

My favorite quote is:

*"Life is like a mirror,
reflecting what you do,
every-time you smile at it,
it will smile right back at you."*

Scott Bischoff (Ph.D., Counseling Psychology)

Where is your hometown?

I've lived in Richmond for most of my life. For the last seven years, I've worked at Richmond State Hospital as a contract therapist.

Where did you go for your bachelor's and master's degrees?

I received my B.A. in 1990 from IU, and my master's in 1999 from IUPUI (I went back in 2001 to complete a few more classes for licensing).

Why did you choose counseling psychology as a field of study?

Life just kept putting me in this field; I actually tried to avoid it for awhile; I knew that to help people, you have to first look at your own stuff, and I didn't want to. I lacked confidence, too. But life kept putting me in helping roles, and I eventually gave in. I enjoy working with people.

"To help people, you have to first look at your own stuff. . ."

What are your research interests?

My research interests include the effectiveness of trauma therapies, gender differences in trauma, resiliency factors in survivors of sexual trauma.



What do you think of your experience at Ball State as a doc student so far? What have you liked about the program?

At first, I was overwhelmed. As a 41-year old student who was also commuting, I had so much to learn at the beginning. I was sort of in shock that I was the only one with grey hair!

The program is very challenging, but the people have been really great. I'm learning a lot, and I'm starting to feel comfortable. I've had nothing but positive interactions with both the faculty and the other students.

What are your future plans and career goals? I'm not so sure about this—every time you plan the future, life seems to work out differently. I'd be happy with a combination of clinical work and teaching.

What are some of your favorite interests and activities? I love nature and doing art work; I spend lots of time playing games with my 11-year old son, Aaron. (My wife, Lori, and I have been married for 17 years—we also have a 14-year-old daughter, Erica).

What is your favorite book? Your favorite movie? My favorite book is the novel, *The Shadow of the Torturer*, by Gene Wolfe. My favorite movie is probably *Army of Darkness*.

Which country in the world would you most like to visit? Scotland or New Zealand

FALL 2009

Welcome to all the New Students!

The Department of Counseling Psychology and Guidance Services would like to welcome all of the new doctoral and master's students. The new (1st year) doctoral students are:



Scott Bischoff

Bjorg Hermannsdottir

Ashley Hutchison

Gunnar Ingolfsson

John McConnell

Abby Nethaway

Kelly Clougher

Katerina Psarropoulou

Courtney Ryan

Holly TenBrink



There were also 51 new master's students who started the program this fall. The Community track welcomed 3 students, the Clinical Mental Health track had 14 new students, 12 incoming students entered the School track and the Rehabilitation track had 8 new students. The general Social track welcomed 6 students and 3 students were admitted to the Applied Social track. In addition, 5 students came in with a double major. Welcome!

Alumni and Student News

- 2009 Kevin Harris, Ph.D candidate**, just accepted a position as a substance abuse counselor at The Watershed, a private residential substance abuse treatment facility in Boynton Beach, Florida. He will be promoted to a postdoctoral resident there when he finishes his dissertation.
- 2009 HongYing Chen, Ph.D.**, has accepted a position at the counseling center at the University of Wisconsin, Oshkosh.
- 2009 Jovan Dixon, M.A.**, welcomed a beautiful baby boy, Adrian Miles (*see photo, right*) to her family on April 11, 2009. She is currently living in Jacksonville, Florida.
- 2009 Jenny Olson, M.A.**, is pursuing doctoral studies at the University of Michigan (Ph.D. in Business Administration - Marketing).
- 2009 Valerie Minchala, Ph.D.**, accepted a full-time staff position this fall at the University of Illinois at Urbana-Champaign with an emphasis on working with the Latino population on campus.
- 2008 Seong-In Choi, Ph.D.**, has joined the faculty of the master's in counseling program at Westminster College in Salt Lake City, Utah. She will be an assistant professor.
- 2007 Stephanie Holt-Dehner, Ph.D.**, passed the EPPP in June 2009. She is keeping very busy with work. She and her husband, Paul, are equally busy chasing their toddler son Caiden!
- 2007 Gregg Kuehl, Ph.D.**, recently joined the Muncie, Indiana, private practice Lykins Counseling Clinic.
- 2006 Stacy Blankenbuehler, Ph.D.**, has joined the staff as a psychologist at Deaconess Hospital in Evansville, Indiana. She and her husband, David Lee, have two really, really cute kids!
- 2006 Michiko Iwasaki, Ph.D.**, has joined the counseling psychology faculty at West Virginia University in Morgantown, West Virginia, as an assistant professor.
- 2005 Catherine Lawhorne, M.A.**, is a health coach specializing in stress management and emotional health for WebMD. She is based in Indianapolis, but gets to talk to people all over the country. She also opened her own practice: Women's Counseling Services, www.womenscounselingservices.org. And, fulfilling one of her other desires, she is a Disaster Mental Health Volunteer for the American Red Cross of Greater Indianapolis. Catherine has created a perfect combination of her mental health and health science interests.
- 2004 Steven Graunke, M.A.**, recently accepted the position of assistant director of survey research and standard reports at IUPUI.
- 1999 Melissa Hurst, M.A.** (social psychology) went back to school at Lewis University in Illinois and is now certified as a school counselor. "I work as a high school counselor at Minooka Community High School and am loving it! Also, I am a very proud mother of Charlie, 2, and Caroline, 2 months."



Baby Adrian

Alumni and Student News continued

- 1991 Carol Hagans, Ph.D.**, left her role as the director of Butler University's Counseling & Consultation Services to move over to Academic Affairs at Butler as the associate provost of student academic services. Part of her position will entail teaching in the Counseling Psychology Program within the College of Education as an associate professor. — "I'll have the opportunity to teach a class a year. It is an interesting change of course but I am thankful that the skills and abilities I learned as a counseling psychologist through our program will continue to serve me and support me as I move into a new phase of my career. Take care!"
- 1988 Sandra Hellyer, M.A.**, completed her Ph.D. at IU Bloomington and is currently teaching an educational psychology class at Ball State. She feels like she is "back home."
- 1988 Sean Royce, M.A.**, works for Clarian Health Plans, Inc. in Indianapolis.
- 1988 Muriel J. Weeden, M.A.**, is retiring this year after 20 years as a counselor at Muncie Central High School.
- 1981 Juanita Suro (formerly Pilkington), M.A.**, works in a rural area (9 counties) in Illinois as a gero-psych specialist integrating the systems that work with older adults, consulting with mental health providers, educating communities, college students, families, service providers, and physicians on issues relating to older adults, including memory loss assessments--both reversible and non-reversible. She has spoken to regional, state and national conferences on older adult issues. She works closely with Elder Protective Services on mental health issues and tries to help the older adult stay in their own home as long as is safely possible by getting them the services they need including mental health counseling.
- 1980 Kathy Luethje (formerly Creamer, Bryne), M.A.**, has recently completed editing a book called *Healing with Art and Soul; Engaging One's Self through Art Modalities* through Cambridge Scholars Publications, and would like for all of her colleagues back at BSU to know about it. "If anyone would like to add creativity and the arts to their counseling practice, this is great resource. There are 40 authors, each with unique stories to tell."
- 1976 Raymond Armstrong, M.A.**, retired from active pastoral ministry in 2006 and has written a book about his early years with his brother in Indianapolis, entitled *Me and Howard: Surviving the '40s in Indianapolis* (iUniverse).

Congratulations, Dr. Kim!

On behalf of the CPSY department, we would like to welcome Eugene Bryan Kim to the world. Dr. Kim is the proud father of Eugene, who was born on July 6, 2009 (6.15 lbs, 22 inches).



INTRODUCING:

**EUGENE
BRYAN
KIM**



CONGRATULATIONS!

Brittany Madison, a counseling rehab M.A. student, became engaged to Johna Goff on July 25, 2009! A wedding is planned in Indianapolis for June 11, 2011... (after her fiancé gets back from a year in Afghanistan—Johna is in the U.S. Marine Corps!)

Jenny Olson, M.A., (a recent social psychology graduate) is pursuing a Ph.D. in marketing at the University of Michigan (Ann Arbor). In August, she became engaged to Nathan Anderson and is planning to marry in the summer of 2011.

We wish both couples a lifetime of happiness. . .

News from the Clinical Mental Health Counseling Program

Program Update

Yes, you read the title right! In order to bring our program up to date with the latest CACREP standards that were revised in 2009, we have changed the title of our CACREP-accredited Community track to the Clinical Mental Health counseling track. More important than the name change, changes to the program include transitioning from a 48-hour to a 60-hour program and adding courses that will help our students not only meet CACREP standards, but also meet licensing standards for Indiana (Licensed Mental Health Counselor) and other states. We are excited to be able to offer our students the best preparation possible for a career in mental health counseling. The non-CACREP accredited former mental health track is no longer being offered, but those students who were interested in the track will find that the new CACREP accredited Clinical Mental Health counseling track will meet all of their needs for training as a counselor.

Welcome New Students

I would like to take this opportunity to welcome all the new students in our program. We have an excellent group of well-qualified students entering our program this year, and I look forward to working with all of you.

Fall Picnic

Everyone had an enjoyable time at the CPSY annual fall picnic in September. We had the picnic at the stadium shelter. There was good food, good company, and even a touch football game.

CPSY students enjoy the Fall Picnic

Content Exam

The content exam is scheduled for Friday, November 13, from 12-4 pm.

The next administration of the exam will be during spring semester. Students in the CMHC track must pass the exam before graduation. You may take the exam once you have completed at least 30 semester hours of coursework in the program.

ACA and ICA

The American Counseling Association (ACA) Annual Convention will be in Pittsburgh, Pennsylvania, this year on March 18-22, 2010. Visit the ACA Web site for conference information: <http://www.counseling.org/Convention/>. Also, to become an ACA member, or for helpful information for counseling students, please visit www.counseling.org/Students.



Alumni Encounters

I always enjoy hearing from our graduates and encourage all of you to keep in touch. I recently learned that my twins' soccer coach is an alumnus of the CPSY master's in counseling – what a small world! Kelly Hartman (M.A., 1991) is a terrific example of a successful graduate of our program. She owns a business called Insights Consulting. The business provides support for people with developmental disabilities who live in the community (behavioral & residential supports). She owns two provider agencies and a real estate business on the side to compliment client housing issues. Last year she added a not-for-profit sector called Outside the Box that focuses on career development and skill building—empowering people toward successful community employment. Kelly employs a staff of over 200 people and supports over 600 individuals statewide. The Behavioral Consulting division of Kelly's company is the 3rd largest provider in Indiana. This department has 25 master's level clinicians who do assessment, training, counseling and behavior plan development. The clients range from age 5 to 70+. Kelly was the winner of "Indy's Best & Brightest" in 2007, as the top Health Care & Life Science professional under age 40. Her business was recently chosen by the Indianapolis Star as the 6th best place to work. Kelly was also chosen to be the chair of the Intellectual Army (a civic leadership group of 500+ young professionals across all industries in the Indy metro area). Kelly is also giving back to the CPSY program by serving as a host practicum site.

CPSY alumni—please email kperrone@bsu.edu and let me know how you are doing in your careers and lives. Best wishes to all of you!

– Dr. Kristin Perrone

News from the School Counseling Program, by Dr. Alexander

Dating Violence Grant

Drs. Kruczek and Alexander received a grant from the Indiana Department of Child Services to provide group outreach and psychological education programs to schools, youth service agencies and community groups to address developmentally based dating violence prevention programming in 5 counties. We are implementing the **Choose Respect** program developed by the Centers for Disease Control (CDC) and sponsored by the Women's National Basketball Association. Thus far we have had a tremendous response from our regional middle schools and will start our programming in the spring. Several doctoral and master's level students will deliver the "Choose Respect" curriculum to middle school students and parents.



ISCA Fall Conference

The Indiana School Counselor Association fall conference is scheduled for November 12 and 13 at the Indianapolis Marriott East. This year's keynote speaker is Luanne Johnson, well known for the August 1995 box office hit "Dangerous Minds," which was based on *My Posse Don't Do Homework*, and starred Michelle Pfeiffer. Several school counseling students will attend and participate in this year's conference.



Students in St. Lucia, Spring 2008.

St. Lucia in

May 2010

Once again I will be taking a class to St. Lucia to continue our peer mediation "Help Increase the Peace Program (HIPP)." Students from the master's program in counseling as well as students from Burriss Laboratory School will travel to St. Lucia for 3 weeks and introduce the program in four new secondary schools on the island. This will be our second trip to St. Lucia and our fourth trip to the Caribbean!

- Dr. Charlene Alexander

News from the Rehabilitation Counseling Program, by Dr. Kim

Welcome to Dr. Jacob Yui-Chung Chan

This fall Dr. Chan has joined the department as a new tenure track faculty. He is a graduate of the University of Wisconsin-Madison rehabilitation psychology doctoral program. He will be teaching rehabilitation specialty and general counseling courses. We are pleased to have him here!

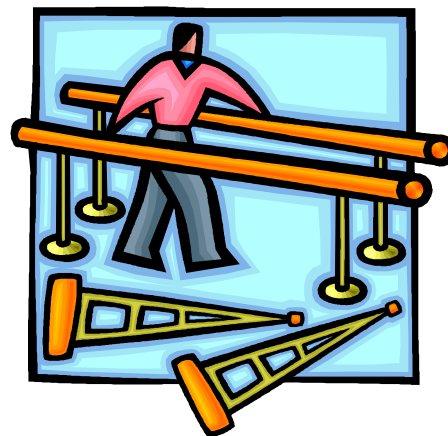
A Message from the Indiana Rehabilitation Association

Are you interested in disability and health issues and advocating for individuals with disabilities? If so, consider joining the Student Chapter of the Indiana Rehabilitation Association! Possible activities for the student chapter include: fundraising events, disability awareness on campus, networking with leaders in the community, and developing or assisting local organizations with disability issues. Any involvement in the student chapter would be greatly appreciated and welcomed. Those interested in becoming members of the Indiana Rehabilitation Association (IRA) Student Chapter must join the National Rehabilitation Association (NRA). A limited number of IRA-sponsored NRA student memberships are available. This will be a great opportunity for counseling students to meet professionals in the community, build your resumé, and learn more about disability and health issues. For more information, please contact IRA Student Chapter President Karley Deering at krdeering@bsu.edu.

Understanding the Field of Rehabilitation

Independent Living Center

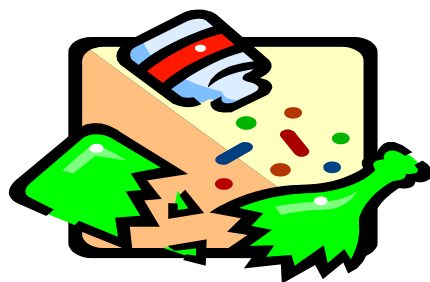
An Independent Living Center (ILC) is a consumer-directed, non-profit organization that provides four core services: peer support, information and referral, independent living skills training, and person and systems advocacy. Some ILCs provide additional services such as: community education, training on the Americans with Disabilities Act, personal care and service coordination. There are eight Independent Living Centers in Indiana (see <http://www.in.gov/fssa/ddrs/2762.htm>).



The CRC (Certified Rehabilitation Counselor) Credential

The CRC is the premier credential among rehabilitation counselors. Accredited by the National Commission for Certifying Agencies (NCCA), the CRC Certification Program ensures that those who are participating in certification be of good moral character, meet nationally accepted standards of quality in their practice, and have the requisite educational and professional background. As such, the CRC credential can lead to job placements, job advancement, salary advancement, and both medical and non-medical referrals (see <http://www.crccertification.com/>).

-Dr. Jeong Han Kim



Rehabilitation

Social Justice League

The Social Justice League (SJL) is a student organization that was formed in the fall of 2008 by graduate students in the Department of Counseling Psychology. SJL's mission is to promote awareness, equality, and justice on our campus, in our state and country, and in the global community.



As a gathering place for individuals concerned with social justice, we strive to foster an atmosphere of openness, respect, and dialogue in which members feel empowered, supported, and capable of changing the world in which they live. We seek to change social institutions, political and economic systems, and governmental structures that perpetuate unfair practices, structures, and policies in terms of accessibility, resource distribution, and human rights. This includes working to combat discrimination in individuals, families, groups, organizations, legislation processes, nations, and political and ethnic conflicts whether they are inside or outside the United States and to protect the environment and human rights everywhere.

Over the past year, members of SJL have organized a number of projects both on and off campus. SJL first conducted a community needs assessment of the Ball State campus. Almost 2000 students, faculty, and staff at Ball State completed a survey about their experiences relating to various types of discrimination. Results indicated that 62 percent of respondents felt they had been discriminated against while on the Ball State University campus. Data from the needs assessment are being shared with campus administrators in the hopes that they will influence future policy decisions. SJL has also published a newspaper article about discrimination in the Ball State Daily News, organized a holiday gift drive for community members associated with the Counseling Practicum Clinic, organized a clothing drive during the 2009 Great Lakes Regional Counseling Psychology Conference, and engaged students in pledging an Oath of Beneficence to promote respect and kindness on campus.

The Social Justice League meets biweekly at the Center for Peace and Conflict Studies and welcomes new members from all departments. For more information, please contact Gunnar Ingolfsson (goingolfsson@bsu.edu).

Job Opportunities



Specialized Alternatives for Families & Youth, a national private treatment foster care agency, has the following positions available in the Muncie area:

Family and Youth Specialist: Responsibilities include providing therapeutic intervention and case management services to foster care youth and to oversee placements and ensure contractual requirements of youth in care. This position is less than 24 hours a week, and the schedule is on an as-needed basis. Requires a bachelor degree in social work, counseling, psychology, or sociology.

Visit www.safy.org for more information and to apply. EOE.

Contract Therapist: Responsibilities include providing office-based and some home-based therapeutic intervention services to youth and families. Hours are flexible and depend on candidate's availability. Master's degree in social work or counseling required. If interested, please email Mary Niemi at niemim@safy.org or contact the SAFY office at 765-287-8477.

Haiku, anyone?

If you love fun poetry (and avoiding your dissertation writing), this Web site is the place for you! Check out:

<http://dissertationhaiku.wordpress.com/>

Quote from the above Web site:

"Dissertations are long and boring. By contrast, everybody likes haiku. So why not write your dissertation as a haiku?"

One of our current doctoral students took a stab at it. We liked the results:

**RESEARCHING PEOPLE
HOPE DATA'S SIGNIFICANT
SO I CAN PUBLISH...**

Jerry Novack

1st and 2nd year Doctoral Students



ABOVE PHOTO—*Front Row:* John McConnell, Tae Sun Kim, Kelly Clougher, Katerina Psarropoulou, Aarika Vannatter and Summer Ibarra (Not pictured: Tricia Groff). *Second Row:* Courtney Ryan, Holly TenBrink, Kory Jordan, Dustin Shepler, Jill Sullivan, Bjorg Hermannsdottir, Ashley Hutchinson, and Mona Ghosheh. *Back Row:* Scott Bischoff, Abby Nethaway, Jerry Novack, Gunnar Ingolfsson and Yves Ambroise





Recent Publications

- Ægisdóttir, S., & Gerstein, L.H. (2009). Beliefs about psychological services (BAPS): Development & psychometric properties. *Counseling Psychology Quarterly*, 22, 197-219.
- Ægisdóttir, S., & Gerstein, L.H. (2009). International counseling competencies: A new frontier in multicultural training. In J. G. Ponterotto, J. M. Casas, L.A. Suzuki, & C.M. Alexander (Eds.), *Handbook of multicultural counseling* (3rd ed.) (pp. 175-188). Thousand Oaks, CA: SAGE Publications.
- Ægisdóttir, S., Gerstein, L.H., Leung, S.A., Kwan, K.L.K., & Lonner, W.J. (2009). Theoretical and methodological issues when studying culture. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, S.A. Leung, & K.L. Norsworthy. *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 89-109). Thousand Oaks, CA: SAGE Publications.
- Ægisdóttir, S., Gerstein, L.H., & Bartee, J.W. (2009). Translation and adaptation of psychological instruments. In E. Altmaier & B. D. Johnson (Eds.), *Encyclopedia of counseling: Changes and challenges for counseling in the 21st century* (Vol. 1). Thousand Oaks, CA: SAGE Publications.
- Alexander, C., Gerstein, L.H., Ægisdóttir, S., et al, (2009). Responding to hate on a college campus: The stop hate campaign and a multicultural climate assessment. In J. G. Ponterotto, J. M. Casas, L.A. Suzuki, & C.M. Alexander (Eds.), *Handbook of multicultural counseling* (3rd ed.). Thousand Oaks, CA: SAGE Publications.
- Gerstein, L.H., Heppner, P.P., Ægisdóttir, S., Leung, S.A., & Norsworthy, K.L. (2009). Cross-cultural counseling: History, challenges, and rationale. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, S.A., Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 3-32). Thousand Oaks, CA: SAGE Publications.
- Gerstein, L.H., Heppner, P.P., Ægisdóttir, S., Leung, S.A., & Norsworthy, K.L. (2009). A global vision for the future of cross-cultural counseling; Theory, collaboration, research, and training. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, S.A., Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 503-522). Thousand Oaks, CA: SAGE Publications.
- Gerstein, L.H., Heppner, P.P., Stockton, R., Leong, F.T.L., & Ægisdóttir, S. (2009). The counseling profession in- and outside the United States. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, S.A., Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 53-67). Thousand Oaks, CA: SAGE Publications.
- Gerstein, L.H. (2009). Solution focused brief counseling techniques. In B.T. Erford (Ed.), *ACA encyclopedia of counseling*. Alexandria, VA: American Counseling Association Publications.
- Heppner, P.P., Ægisdóttir, S., Leung, S.A., Duan, C., Helms, J.E., Gerstein, L.H., & Pedersen, P.B. (2009). The intersection of multicultural and cross-national movements in the United States: A complementary role to promote culturally counseling sensitive research, training, and practice. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, S.A., Leung, & K.L. Norsworthy, *International handbook of cross-cultural counseling: cultural assumptions and practices worldwide* (pp. 33-52). Thousand Oaks, CA: SAGE Publications.
- Norsworthy, K.L., Heppner, P.P., Ægisdóttir, S., Gerstein, L.H., & Pedersen, P.B. (2009). Exportation of U.S.-based models of counseling and counseling psychology: A critical analysis. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, S.A., Leung, & K.L. Norsworthy, *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 69-88). Thousand Oaks, CA: SAGE Publications.
- Ponterotto, J. G., Casas, J. M., Suzuki, L. A., & Alexander, C. M. (Eds.). (2010). *Handbook of multicultural counseling* (3rd ed.). Thousand Oaks, CA: SAGE Publications.



Recent Presentations



Alexander, C. M., & Hooper, L. (2009, February). *Transformed school counselors: Building partnerships with data facilitating change*. Paper presented at the annual meeting of the National Center for Transforming School Counseling Conference, Austin, TX.

Gerstein, L. H. (2009, September). *Tibet: Past, present and future*. Keynote speaker at the Tibet Festival sponsored by the Center for South Asia, University of Wisconsin, Madison, WI.

Gerstein, L. H. (2009, August). *Culture and attachment: Applicability of attachment perspectives on non-white populations*. Symposium discussant at the Annual Meeting of the American Psychological Association, Toronto, Canada.

Gerstein, L. H. (2009, August). *Creating peaceful communities with justice--authentic community and psychologist partnerships*. Symposium discussant at the Annual Meeting of the American Psychological Association, Toronto, Canada.

Gerstein, L. H. (2009, August). *2008 International Counseling Psychology Conference: What next?* Symposium presentation at the Annual Meeting of the American Psychological Association, Toronto, Canada.

Gerstein, L. H. & Kwan, K. L. (2009, August). *Successful publishing in U.S. counseling psychology journals by international scholars*. Roundtable co-chair at the Annual Meeting of the American Psychological Association, Toronto, Canada.

Gerstein, L. H. (2009, June). *Social justice initiatives: Peaceful solutions to challenging opportunities*. Keynote speaker at the "Promoting Harmony and Justice in a World of Conflict" Conference, City University of Hong Kong, Hong Kong.

Gerstein, L. H. (2009, April). *Yankee, Bulldawg, and Cardinal: A social justice journey!* Keynote speaker at the Southeastern Regional Counseling Psychology Conference, Athens, GA.

Gerstein, L. H. (2009, March). *The multicultural counseling umbrella: One spoke is international*. Symposium chair at the 2009 Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Gerstein, L. H. (2009, March). *Resolving the Tibet-China conflict through nonviolence*. Symposium presentation at the 2009 Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Gerstein, L. H., & Aegisdóttir, S. (2009, March). *International counseling competencies: Preparing talented global professionals*. Symposium presentation at the 2009 Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Gerstein, L. H., Alexander, C. M., & Earl, E. (2009, March). *Peace initiatives: Counseling professionals taking action*. Symposium presented at the Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Hermansdóttir, B. S., Aegisdóttir, S., & Gerstein, L. H. (2009, August). *Multicultural competence of Icelandic psychologists*. Poster presented at the 2009 American Psychological Association Convention, Toronto, Ontario, Canada.

Hsu, Y., & Gerstein, L. H. (2009, August). *Cross-cultural validity of attachment for Taiwanese individuals*. Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Canada.

McConnell, J. M., et al. (2009, March). *Community needs assessment of multicultural discrimination: Implementing social justice*. Poster presentation at the 2009 Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Perrone, K. M., Wright, S. L., Ksiazak, T. M., Crane, A. L., & Vannatter, A. (2009, August). *Looking back on lessons learned: Reflections on experiences in advanced classes*. Paper presented at the American Psychological Association Conference, Toronto, Ontario, Canada.

Perrone, K. M., Ksiazak, T. M., Vannatter, A., & Wright, S. L. (2009, March). *Recognizing and encouraging children's potential for achievement: Lessons from high achieving parents*. Paper presented at the Great Lakes Regional Conference, Muncie, IN.





At A Glance - Academic Year Calendar Info

Tuesday, November 24

Wednesday, November 25 – Sunday, November 29

Monday, November 30

Friday, December 11

Monday, December 14 – Friday, December 18

Friday, December 18

Saturday, December 19

Sunday, December 20 - Monday, January 11, 2010

Monday, December 21

Monday, January 11, 2010

Friday, January 15

Monday, January 18

Sunday, March 7 - Sunday, March 14

Monday, March 15

Monday, March 22

Friday, April 30

Monday, May 3 – Friday, May 7

Friday, May 7

Saturday, May 8

Monday, May 10

Monday, May 17

Classes meet according to a Friday time configuration.

Thanksgiving break – no classes.

Classes resume.

Last meeting day for regular classes.

Final exams.

Fall semester ends.

December Commencement (graduation) at 10 a.m.

Semester Break.

Grades due at noon.

University classes begin.

Late registration and change-of-course ends.

Martin Luther King, Jr. Day - no classes.

Spring break - no classes.

Classes resume.

Course withdrawal period ends.

Last meeting day for regular classes.

Final exams.

Spring semester ends.

May Commencement (graduation).

Grades due at noon.

BSU classes for Summer Sem. /1st Summer session begin.

Attention: Graduating Master's Students

In order to graduate you must apply for graduation at the Graduate School by the deadline in the semester you intend to graduate.



Graduation Application Deadline:

For Spring 2010 February 8, 2010

Deadline for Receipt of Research Papers, Creative Projects, Theses, and Dissertations:

For Spring 2010 April 12, 2010

Applications submitted after the deadline may be switched to the following semester for graduation (students do not have to reapply for graduation). Please see the Graduate School's Web site at www.bsu.edu/gradschool for forms and more information.

Upcoming Conferences & Workshops

**Indiana Psychological Association
Fall Conference and Annual Meeting**
November 6-7, 2009
Indianapolis, IN
<http://www.indianapsychology.org>

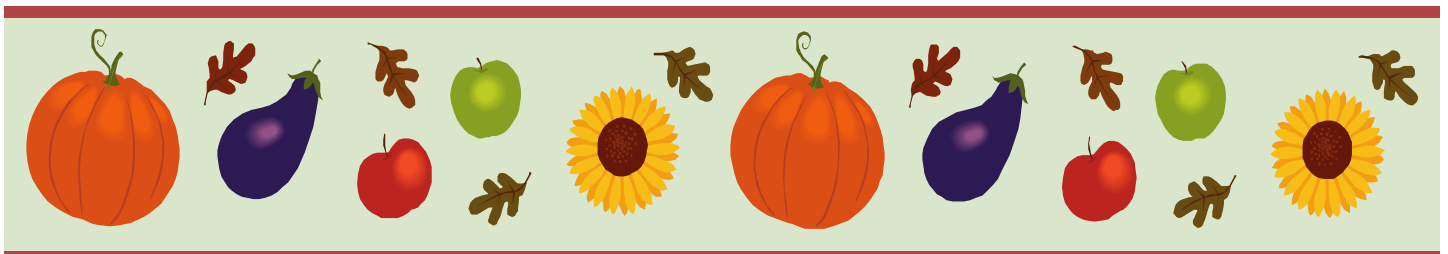
**Association of Women in Psychology
35th Annual Conference**
February 11-14, 2010
Portland, OR
<http://www.awpsych.org>

**26th Annual Winter Roundtable on
Cultural Psychology**
February 19-20, 2010
New York City, NY
<http://www.tc.columbia.edu/roundtable>

**American Counseling Association
Conference and Exhibition**
March 18-22, 2010
Pittsburgh, PA
<http://www.counseling.org/Convention>

**American College Personnel Association
2010 Convention**
March 20-24, 2010
Boston, MA
<http://convention.myacpa.org/>

**Midwestern Psychological Association
Annual Meeting**
April 29-May 1, 2010
Palmer House, Chicago
<http://www.midwesternpsych.org>



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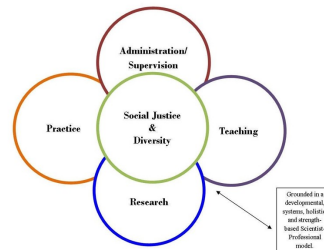
Beginning in the spring newsletter we will begin publically recognizing our donors. If you would prefer that we NOT list your name in the newsletter please be sure to indicate that when you make your donation. You can also give online.

Visit www.bsu.edu/counselingpsychology and follow the link to "Make a Gift." If you have any questions regarding making a gift, contact Mary Ann Olinger (765.285.7054 or malinger@bsu.edu).



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KEEP IN TOUCH!

We are always very curious about what our current students and alumni are up to, so keep those announcements coming!

The Keep In Touch Form is now online at www.bsu.edu/counselingpsychology